

The Heart Sutra

The Noble Bodhisattva,
Avalokiteshvara,
Moved deeply in perfect wisdom
And looked down from on high.
He saw the five skandhas,
And saw them as empty by nature.

Here, Sariputra,
Form is emptiness,
And emptiness itself is form.
Form is no different from emptiness,
Emptiness no different from form.
Whatever is form, that is emptiness,
Whatever is emptiness, that is form.
Feelings, perceptions, volitions and consciousness,
All are the same as this.

All dharmas are marked with emptiness,
And none are produced or stopped.
Nor are they stained or pure,
Deficient or complete.

So, Sariputra,
In emptiness,
No perception, feeling or form,
No volition or consciousness either.
No eye, ear, nose,
Tongue, body, mind,
No sight, sound, smell,
Taste, touch, or objects of mind,
Nor consciousness of sensing.
No ignorance or end of it,
Nor all that comes of ignorance;

No decay, no death,
No end of them.
No suffering or cause of it,
No cessation of suffering,
No path.
There is no wisdom,
No attainment,
No non-attainment.

Therefore, Sariputra,
Know that the Bodhisattvas,
Indifferent to any attainment,
Relying on perfect wisdom,
Dwell free from obscuring views.
Without views they are free from fear,
And surpassing all delusions,
They attain complete Nirvana.

All Buddhas of past and present,
Buddhas of future time,
Relying on perfect wisdom,
Awake to supreme enlightenment.

So know the perfection of wisdom
As a great mantra,
A mantra of great knowledge,
A supreme mantra,
A mantra unequalled,
The allayer of all suffering.
In truth it cannot fail.
The perfection of wisdom reveals this mantra:

Gate Gate Paragate Parasamgate Bodhi Svaha